



SIX SENSES

LAAMU

IN VILLA DINING

All Day Dining Menu



Good Afternoon,

We believe our day should continue with a fine balance of indulgence, flavour and quality produce.

From our garden we source as many herbs and greens as possible and our chefs forage the garden daily to add the finishing touch to your dishes. While it is difficult to source locally in a country with such little agriculture, we do our best to showcase what we can on our menus.

The Coral reef fish available on this menu were caught by local fishermen from Laamu Atoll. Every fish caught is caught by handline – a low-impact fishing gear, is mature and from a population deemed to be healthy and sustainably fished.

Available from Midday to 11pm Daily

WORDS FROM THE CHEF

Our belief is that the key to creating unforgettable epicurean moments in life is a combination of amazing taste, inviting presentations and health driven food that leaves the lightest environmental footprint.

Bon Apétit,
Six Senses Culinary Team

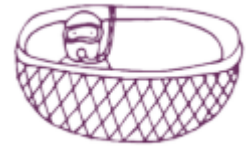


SALADS AND APPETIZERS

Som Tam	GF DF	Fitness	19
Papaya, Lime, Chilli, Peanuts, Coriander			
Caesar Salad	SF		22
Romaine Lettuce, Parmesan, Anchovy, Bacon, Egg, Croutons (Add Chicken)			
Greek Salad	V GF	Fitness	27
Feta Cheese, Tomato, Bell Pepper, Cucumber, Olives, Oregano			
Kulhafila	GF DF NF SF	Detox Fitness	26
Beach Lettuce, Tuna, Coconuts, Maldivian Chilli			
Chef's Paradise Salad	VEG GF DF NF SF	Sleep Fitness	26
Mango, Avocado, Sweet Potato, Passion Fruit, Vanilla			
Arabic Mezze	V SF	Sleep	29
Hummus, Baba Ganoush, Tabbouleh, Fattoush, Labneh, Pita Bread			
Sashimi Platter	DF NF	Detox Fitness	32
Daily Fish Selection			

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All prices listed in USD and subject to 16 percent government tax and 10 percent service charge.



SOUPS

Gazpacho	VEG GF DF NF SF	Fitness	15
Tomato, Cucumber, Onion			
Chicken Tom Kha Gai	DF SF	Detox Fitness	32
Coconut, Lemongrass, Kaffir Lime Leaves, Coriander			
Lobster Tom Yum	DF SF	Fitness	35
Cherry Tomatoes, Lemongrass, Galangal, Chilli			

SANDWICHES AND BURGERS

Quinoa Wrap	V NF SF	Fitness	22
Avocado, Mango, Sour Cream, Coriander			
Club Sandwich	DF NF SF		26
Grilled Turkey Breast, Bacon, Tomato, Fried Egg			
Vegan Burger	VEG DF NF SF		22
Roasted Cauliflower, Kale, Pickled Vegetables			
Fish Burger	DF NF		26
Grilled Catch of the Day, Seasoning Pepper, Banana Ketchup			
Cheese Burger	NF SF		32
Grass Fed Angus Beef, Bacon, Tomato, Cheddar Cheese			

INDIAN OCEAN CURRIES

Each Served with Basmati Rice and Preserves

Sri Lankan Veggie Curry	VEG DF		26
Brinjal, Ladies Fingers, Long Beans, Cashew Nuts			
Maldivian Fish Curry	DF NF		32
Snapper, Hawadhu, Pumpkin, Coconut, Turmeric			
Indian Butter Chicken			38
Tomato, Onions, Cashew Nuts, Kashmir Chili			

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SOUTH EAST ASIAN STIR FRY

Nasi Goreng	DF	35
Chicken, Fried Egg, Vegetables, Spiced Peanut Sauce		
Singapore Veg Noodle	V DF NF SF	28
Coconut, Lemongrass, Kaffir Lime Leaves, Coriander		
Pad Thai	DF	
Tamarind, Egg, Shallots, Banana Blossoms, Peanuts		
Vegetable		28
Chicken		29
Lobster		54

WESTERN CLASSICS

Pasta			25
Spaghetti	Linguine	Penne	
Choice of Sauces			
Basil Pesto V	Aglio Olio e Pepperoncino V		
Al Arrabiata V	Tomato Sauce V		
Organic Vegetable V	Creamy Mushrooms V		
Bolognese	Carbonara		
Grilled Catch of the Day	GF SF	Sleep Fitness	38
Lemon Butter, Saffron Fennel, Black Quinoa			
Tuna Pepper Steak	GF NF SF		45
Maldivian Gravy, Roasted Coconut Rice, Kulhafila			
Corn Fed Chicken Breast	GF NF		46
Mushrooms á la Crème, Asparagus, Confit Cherry Tomatoes			
Angus Beef Tenderloin	GF NF SF		65
Green Peppercorn Sauce, Romanesco, Mash Potato			
Grilled Lobster	GF NF SF	(per 100g)	12
Light Curry Nage, Kale, Artichokes			



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SIDE DISHES

Green Garden Salad	VEG GF DF NF SF	12
Mixed Lettuce, Cucumber, Micro Herbs, Olive Oil & Balsamic Emulsion		
Tomato, Red Onion & Caper Salad	VEG GF DF NF SF	12
Aged Olive Oil, Basil		
Steamed Vegetables	VEG GF DF NF SF	12
Olive Oil & Herbs		
Grilled Vegetables	VEG GF DF NF SF	12
Garden Herbs & Grilled Lemon		
Fries	V GF DF NF SF	12
Maldon Sea Salt, Home Made Ketchup & Mayo		
Sweet Potato Fries	V GF DF NF SF	12
Maldon Sea Salt, Home Made Ketchup & Mayo		

CHEESE

Selection of Raw Milk Cheese	V	26
Brillat Savarin, Marc de Langres, Valaençay, Stilton, Mimolette		

DESSERTS

Lemon Thyme Cheese Cake	V	19
Chocolate Crumble & Thai Mango		
Coconut Parfait	V SF	22
Mango Gel, Fresh Mango & Mint		
Chocolate Variations	V NF	24
Chocolate Tart, Light Chocolate Mousse, Cocoa Tuille		
Local and South Asian Fruits	VEG GF DF NF SF	18
Mango, Watermelon, Papaya, Banana, Pineapple		

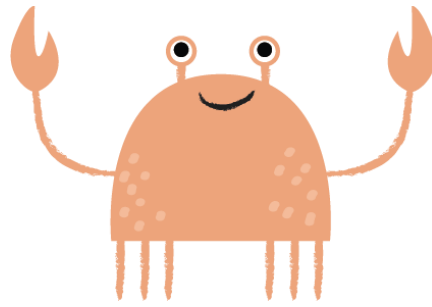


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An underwater scene with various sea creatures and plants. At the top, there are several small blue fish, a large brown pufferfish, a yellow fish with blue stripes, and a yellow fish with blue stripes. Below them are several orange fish. In the center, there is a yellow jellyfish with orange tentacles. At the bottom, there are several blue fish, a yellow fish with blue stripes, and a brown fish. There are also several blue and orange coral-like structures, a blue starfish, and a brown rock. The background is white with green wavy lines representing seaweed or water currents. The text "LITTLE VIPS' MENU" is centered in the middle of the page in a dark blue, serif font.

LITTLE
VIPS'
MENU



APPETIZERS

HAPPY VEGGIE PEOPLE

Romaine Lettuce, Dino's Cocktail Sauce

V | DF | NF | SF

10

SMILEY SPOOKY TOMATO SOUP

Bowlful Tomatoes, Crispy Sourdough Croutons, Island Basil

VEG | DF | NF | SF

12

FANCY VEGETABLE FRITTERS

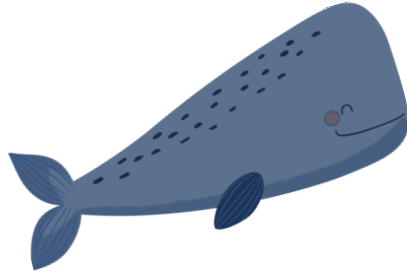
Organic Vegetables, Cream Cheese Sauce, Garden Herbs

V | NF | SF

12

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MAIN COURSES

CHILDREN'S PARTY VEGETABLE FRIED RICE

Carrots, Kohlrabi, Egg

V | GF | DF | NF | SF

12

MOM'S SUPER HEALTHY CHICKEN HOT POT

Chicken Balls, Quirky ABC Noodles, Baby Pok Choy

DF | NF | SF

14

CRISPY LAAMU FISH FINGERS

Tartar Sauce, French Fries

NF | SF

15

KID'S CRAFT CHICKEN NUGGETS

BBQ Sauce, Crunchy Munchy Zucchini & French Fries

DF | NF

16

YUMMY BEEFIE MINI

Emmental Cheese, Flower Power Eggs, French Fries

NF | SF

18

SELECTION OF HOMEMADE PASTA

15.00

Gluten Free | Linguine | Spaghetti | Penne

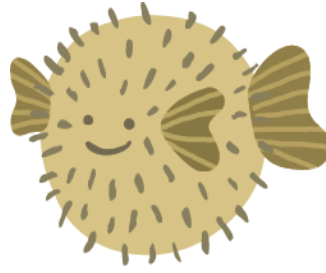
With

Garden Herb Pesto | Tomato Sauce | Vegetable Caponata

Butter Sauce | Carbonara | Bolognese

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DESSERTS

CUBE FRUIT SALAD

Coconut - Banana Pop Shake, Tropical Garden Herbs

VEG | GF | DF | NF | SF

10

CHOCOLATE DONUTS

Cookie Monster Ice Cream, Bumble Crumbles, Raspberry Splash

10

BANANA PENGUINS

Vanilla Dream Cream, Choco Coco Chips, Strawberry Lolli Pops

V | GF | NF |

10

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LITTLEST VIP'S MENU

We have crafted a special wellness infant menu for your little ones.

All recipes are based on natural ingredients and prepared with a minimum of salt. Our team is always there for you and happy to accommodate special requests.

SMOOTH VEGETABLE PURÉES

Sweet Potato
Mixed Root Vegetable

Pumpkin,
Carrot

Green Peas
Garden Baby Spinach

SOFTENED JASMINE RICE CONGEE

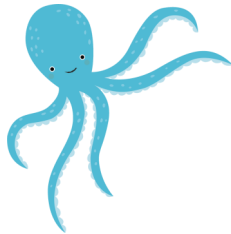
Stripes of Wahoo

GF | DF | NF | SF

STEAMED BROCCOLI

Mascarpone, Roasted Almonds, Brown Butter

V | GF



BANANA MASH

Maldivian Sweet Bananas

V | VEG | GF | DF | NF | SF

SWEETENED GREEK YOGURT

Thai Mango

V | GF | NF