

Starters



QUASI CAPRESE 600

Tomato, Bocconcini di Mozzarella, Guacamole, Balsamic
VG

STEAK TARTARE WELL DONE, PLEASE! 800

Beef Tenderloin, Soy Glazed Egg Yolk, Mustard
Fitness DF



CLAWS 1200

Blue Crab, Quinoa and Pickled Carrot Salad
Fitness GF - DF

RARELY DONE TUNA 550

Green Beans, Quail Egg, Anchovies, Edamame
Fitness GF - DF

GRILLED PRAWNS 600

Cilantro Butter, Romesco
Fitness | Sleep GF - DF

BURRATA 700

Parma Ham, Black Cherries, Pistachio Dukkah
GF - CN

PANEER MAKHANI 700

Kachumber Salad, Mint Raita and Basmati Rice
VG

LOBSTER RAVIOLI 1000

Rum Arrangé Flavoured Bisque, Wild Mint Pesto

ONION TART 990

Vidalia Onion, Blue Cheese, Papaya
Fitness VG

ALL ABOUT THE PALM 550

Palm Heart Fettucine, Coconut Ricotta, Coco Plum Vinaigrette
Fitness | Detox GF - DF - V



Locally-inspired

If you have any dietary restrictions, please let us know

DF = dairy-free / GF = gluten-free / SF = refined sugar-free / VG = vegetarian / V = vegan / CN = contains nuts
All fish is caught locally in a sustainable manner Some vegetables, herbs and some fruits are grown in our organic garden, come and take a look, it is just at the end of the road!

All prices are in Seychelles Rupee, inclusive of 10% service charge and 15% V.A.T



From the Kettle

GREEN KEEPER 400
Chilled Soup of Watercress, Sea Grapes, Aloe Vera
Fitness | Detox V- GF - DF

BOULLAIBAISE KREOL 750
Local Seafood Soup, Mango Satini, Brown Rice
Fitness DF

From the Land

RIB EYE STEAK 1200
Angus Beef, Baby Spuds, Mushrooms, Chimichurri
Fitness GF - DF

THE CARNIVORE 2800*
Lamb Chops, Beef Burger, Beef Rib Eye, Peri-Peri Chicken, Kurobota Pork
* A supplement of 1250 applies to guests on HB and FB
GF - DF

RARA CHICKEN 990
Yogurt and Tomato Masala, Mirch Peppers and Paratha
Fitness

BEEF CHEEKS 1100
Braised in Local Stout, Cauliflower Purée, Baby Carrots
Fitness | Sleep GF - CN

LAMB LOIN 1100
Red Onion, Lamb Tongue Ragout, Thyme, Yuzu Jus
Fitness GF - DF

TENDERLOIN 1200
Grass-fed Beef, Bone Marrow Crust, Artichokes, Black Truffle Jus
Fitness

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From the Garden



KARI KOKO LEGUMES 600

Kreol Root Vegetable Curry, Paw-paw Salad, Rice Berry Rice

Fitness | Detox | Sleep

GF - DF - V

BUCKWHEAT RISOTTO 850

Mushroom, Miso, Collar Greens, Taleggio

Fitness | Sleep

GF - VG

GARDEN TEMPURA 600

Vegetables in Season, Ponzu, Wasabi Pesto

Fitness | Sleep

GF - DF - V

From the Sea

KARI KOKO TON 600

Bonito Curry, Aubergine, Brown Rice, Mango Satini

Fitness

GF - DF

FISH AND CHIPS 990

Beer Battered Job Fish, Fat Chips, Peas and Tartare Sauce

Fitness | Sleep

GF - DF

FELICITE LOBSTER 1700

Coconut Butter, Pumpkin Laksa, Orange Gel

Fitness | Sleep

GF - DF

OCEAN BOUNTY 3000*

Lobster, Job Fish, King Prawns, Queen Scallops, Mussels, Octopus, Yellow Fin Tuna

Fitness

GF - DF

* A supplement of 1250 applies to guests on HB and FB

PWASON GRIYE 990

Local Catch, Coquillage Kreol, Sea Lettuce, Sweet Potatoes

Fitness | Sleep

OCTOPUS 1050

Saffron Risotto, Aioli and Dulse

GF

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Pizza e Pasta

Per essere felici, secondo me, basta unire la pizza e il mare

Pizza Bianca

CARCIOFI 550

Roast Artichokes, Smoked Scamorza, Wild Garlic, Tapenade
VG

ZUCCA 550

Butternut Squash, Wild Mushrooms, Mozzarella di Buffala, Black Truffle
VG



DOLCELATTE 550

Organic Kale, Blue Cheese, Semi-dried Pomodorini, Walnut Pesto
VG - CN

Pizza Rossa

DIAVOLA 600

Tomato, Fior di Latte, Spicy Sausage, Black Olives, Red Onions

MARGHERITA 450

Tomato, Mozzarella di Buffala, Basil, Extra Virgin Olive Oil
VG

FRUTTI DI MARE 600

Tomato, Ricotta Cheese, Calamari, Prawns, Smoked Tuna

Pasta

CRAB-ONARA 1100

Tagliatelle, Coconut, Blue Crab Meat, Chilli
DF

PAPARDELLE 750

Wild Mushrooms, Miso Cream, Black Truffle
VG

HEAD IN THE SAND 450

Rigatoni, Beef and Ostrich Bolognese, Pesto

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Life Pleasures

CHEESECAKE 350

Bourbon Vanilla, Caramel, Berries

SF - VG -GF

COCONUT PARFAIT 350

Chocolate and Coffee Gel

SF - VG - CN

GUANAJA ENTREMET 450

Chocolate Fondant, Tonka Beans

Fitness

SF - VG

TIRAMISU 250

Italian Coffee, Savoiardi, Mascarpone Ice-cream

SF - VG

FRUIT PLATTER 450

Seasonal Fruit Platter

Detox

SF - GF- V

LA DIGUE VANILLA CRÈME BRÛLÉE 350

Ask for Today's Special Flavour Delights

SF - GF - VG

ICE CREAMS

Homemade Ice creams

SF - GF

SORBETS

Plant-based Flavours

Detox

SF - DF - GF - V - CN

A Taste Of 75 | A Bit More 120 | Got the Munchies 200

CHEESE PLATTER 850

Four Fine Cheeses with Compotes, Dry Fruits, Nuts

VG - SF - CN

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