

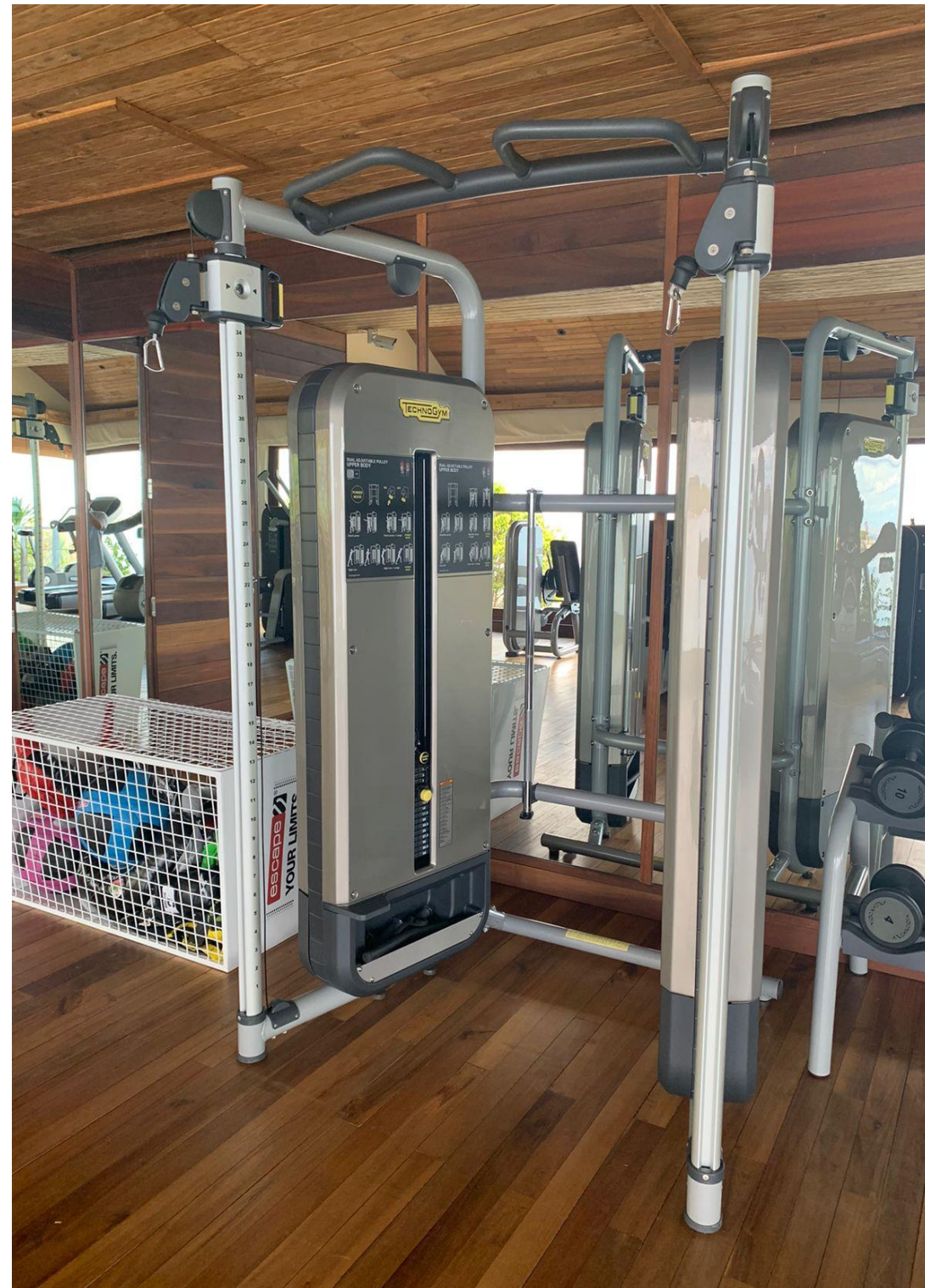
SIX SENSES SPAS

SIX SENSES ZIL PASYON - FITNESS CENTER

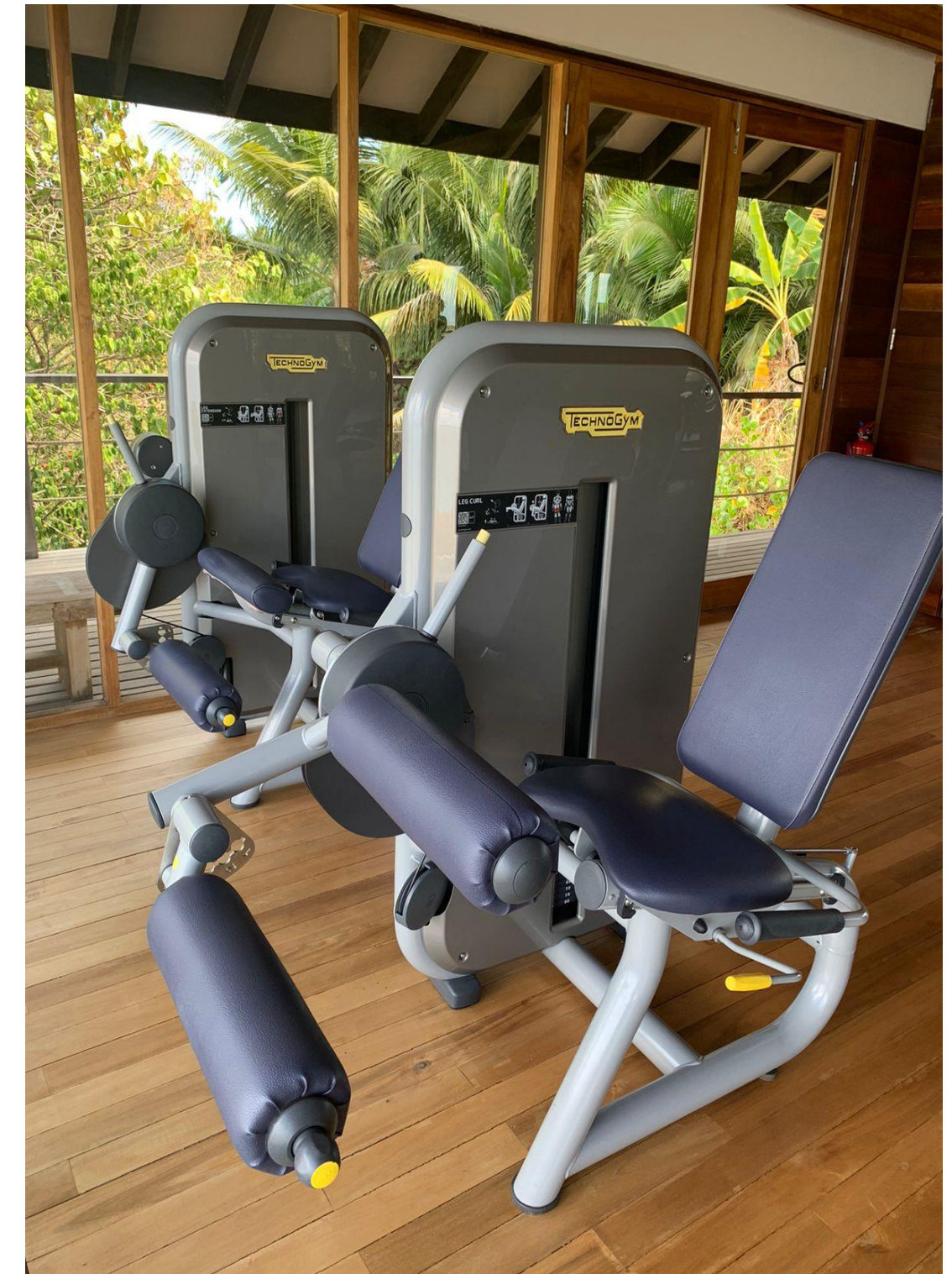
Six Senses Spa Zil Pasyon



2 Treadmill
1 Bike
1 Cross Trainer



1 Dual Adjustable Pulley



Leg Curl & Leg Extension



Six Senses Spa Zil Pasyon



Free Weights



Kettle Bells & TRX



Core Bags



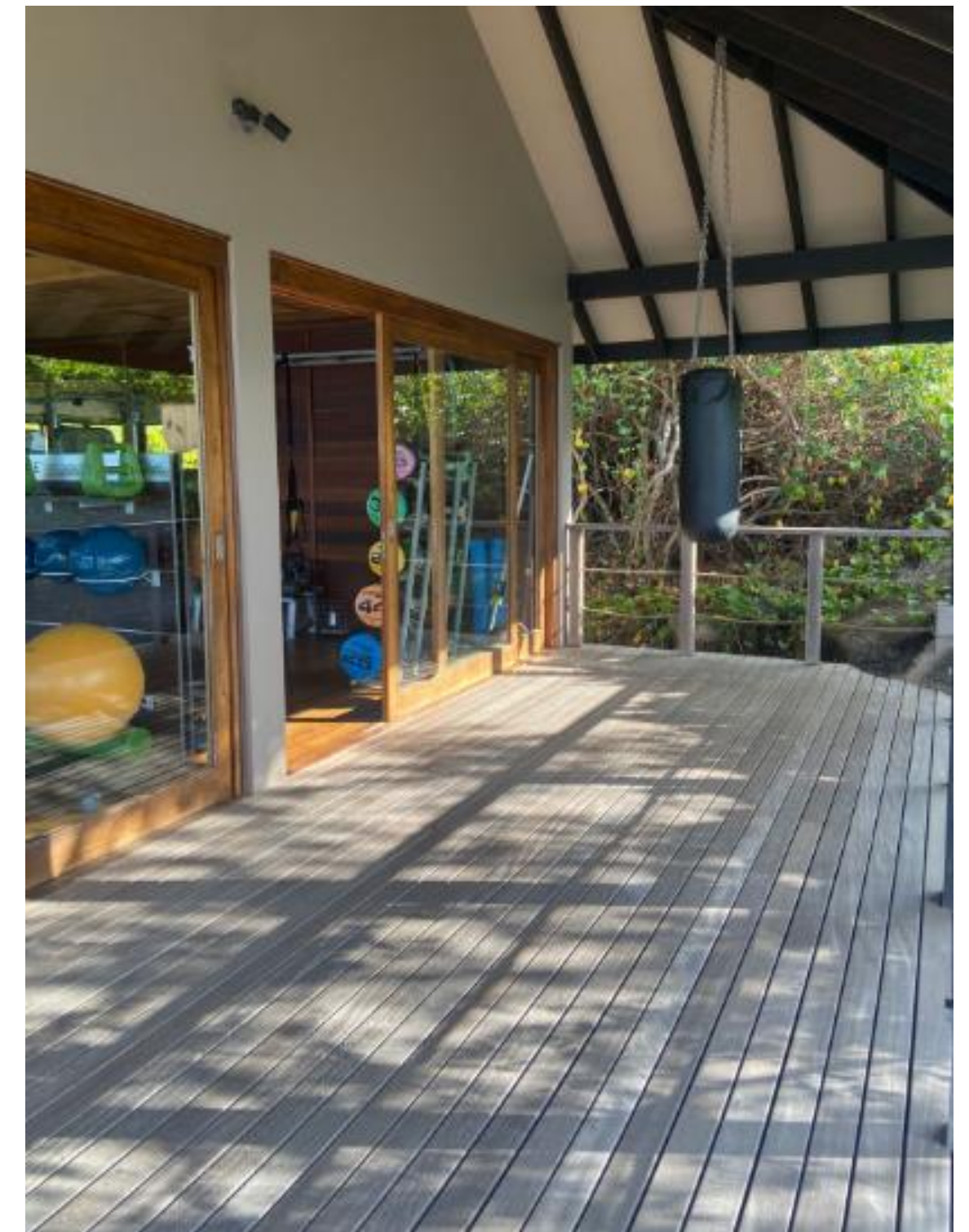
Six Senses Spa Zil Pasyon



Over head press/low & High Pull



GYM View inside



Outdoor deck for stretching & Boxing



Six Senses Spa Zil Pasyon

Equipment at Six Senses Fitness Centre-

Treadmill – 2

Bike- 1

Cross trainer- 1

Dual Adjustable Pulley- 1

Leg Curl -1

Leg Extension- 1

Over head press/low & High Pull – 1

Kettle bells

Free Weights

Core Bags

TRX

Boxing Bag

Bosu Ball

A lot of other equipment's for functional training

