



# *Oberoi Spa*

## WEEKLY ACTIVITIES

### ☀ Qi Gong

- From Thursday to Tuesday: 09:00 AM - 09:45 AM

### ☀ Meditation

- From Thursday to Tuesday: 10:00 AM - 10:45 AM

### ☀ Yoga

- From Thursday to Tuesday: 04:00 PM - 04:45 PM

Location: Yoga Pavilion

For more information, please call 4821

\*Pre-booking is required for all the above activities

\*\*On complementary basis

Private sessions: AED210 - 45mins